



## Fresh Vegetable DRY WILD OREGANO



Ref: ARH-09

Italian name: Origano selvatico essiccato

Weight order: By bundle

Description: It has an aromatic, warm and slightly bitter taste, which can vary in intensity.

Serving suggestion: It is most frequently used with roasted, fried or grilled vegetables, meat and fish. Unlike most Italian herbs, oregano combines well with spicy foods, which are popular in southern Italy. It is less commonly used in the north of the country, as marjoram generally is preferred.

Benefits: Hippocrates used oregano as an antiseptic, as well as a cure for stomach and respiratory ailments.



ELLERMANN TRADING LIMITED http://www.ellermann.hk info@ellermann.hk Tel +852 3187 7488 Fax +852 3421 2262 603 Shun Kwong Commercial Building, 8 Des Voeux Road West, Sheung Wan, Hong Kong