

*Fruits*

## RED GRAPES



Ref: GRP-02

Italian name: Uvi Nera

Weight order: 6-7 kg

Description: Grapes are berries, like raspberries, strawberries and blueberries. Grapes are full of goodness and contain lots of vitamins (A, B1, B2, B3, B5, B6, B9, C, E and K), nutrients and fibre. It has a delicious sweet taste.

Season: Autumn

Serving suggestion: Eat raw as a dessert or a snack. It also matches really well with cheese.