









Ref.: VIOLAEX5 Packaging: 500g plastic bags

ORGANIC HULLED MILLET Historical origins: India Production area: Italy Species: panicum miliaceum. Sowing season: late April Harvest time: July

Dishes: excellent gluten free cereal, rich in minerals, it's nutricious and very easy to digest. It can be used in vegetable soup, it's ideal with squash soup flavoured with ginger; ideal as a side dish for white meat and steamed fish.

