*Viola*

# ORGANIC ROVEJA




Ref.: VIOLAEX7  Packaging: 500g plastic bags

ORGANIC ROVEJA PEA
Historical Originis: Middle East
Production area: Italy
Species: pisum sativum ssp. arvense
Sowing season: March and April
Harvest time: August and September

Dishes: widely used in vegetable soup and mixed legumes soup; a wonderful addition to saute of mussels and clams or to stewed cuttlefish and squid. As flour is ideal to prepare polenta dish topped with anchovies and an intense fruity extra virgin olive oil.

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