

*Viola*

## ORGANIC ROVEJA



Ref.: VIOLAEX7 Packaging: 500g plastic bags

### ORGANIC ROVEJA PEA

Historical Originis: Middle East

Production area: Italy

Species: *pisum sativum* ssp. *arvense*

Sowing season: March and April

Harvest time: August and September

Dishes: widely used in vegetable soup and mixed legumes soup; a wonderful addition to saute of mussels and clams or to stewed cuttlefish and squid. As flour is ideal to prepare polenta dish topped with anchovies and an intense fruity extra virgin olive oil.