Fruits

STARK APPLE EXTRA



Ref: APP-02

Italian name: Mela stark Melinda 80-85

Weight order: 4 kg

Description: Strong and sweet. The variety of apple preferred by women. Flesh: fine texture. Crisp and juicy when picked; increasingly sweet, tender and aromatic as it ripens. First grown in the USA in 1890, Red (Stark) Delicious was introduced into Europe in 1914, where it found a particularly favourable growing environment in the Val di No.

Season: From October to June

Serving suggestion: Salade with mint crepes: Prepare the batter for the crepes mixing the eggs with the flour, milk, a pinch of salt and mint, and let it rest in the refrigerator for at least 2 hours. Then cook the crepes by pouring a ladle of batter at a time in a frying pan lightly greased with butter. Once cold, roll up and cut them into strips. Peel the apples and cut them into sticks. Then wash the salad greens and radishes, and slice them thinly. Emulsify the oil with the vinegar, orange juice, zest, salt and pepper. Mix the salad greens with radishes, apples and mint leaves, and divide them on 4 plates. Garnish with crepes, season with the vinaigrette and serve.

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