Fresh Vegetable

ALMOND



Ref: ALD-01

Italian name: Mandorle

Weight description: 1 kg

Description: The almond fruit measures 3.5–6 cm (1–2 in) long. In botanical terms, it is not a nut, but a drupe. The outer covering or exocarp, fleshy in other members of *Prunus* such as the plum and cherry, is instead a thick, leathery, grey-green coat (with a downy exterior), called the hull. Inside the hull is a reticulated, hard, woody shell (like the outside of a peach pit) called the endocarp. Inside the shell is the edible seed, commonly called a nut. Generally, one seed is present, but occasionally two occur.

Serving suggestion: Almonds can be used successfully in combination with most vegetables, fruits, and meats, but especially shine with fish, chicken, and rice savory dishes. Of course, almonds are a natural in desserts.

ELLERMANN TRADING LIMITED
http://www.ellermann.hk info@ellermann.hk Tel +852 3187 7488 Fax +852 3421 2262
603 Shun Kwong Commercial Building, 8 Des Voeux Road West, Sheung Wan, Hong Kong