

Fresh Vegetable

GREEN ASPARAGUS



Ref: ASP-01

Italian name: Asparagi Verdi fioroni

Weight Order: 4-5 kg

Description: Green asparagus is the most common kind, and can vary from pencil-thick to inch-thick spears.

Season: Spring.

Serving Suggestion: boil asparagus in lightly salted water and serve it with a sauce or seasoning, or use it in the preparation of another dish, for example a risotto.