Fresh Vegetable

CUCUMBER



Ref: CUC-01

Italian name: Cetriolo

Weight order: 4-5 kg

Description: Most often heavily waxed, cucumbers have a dark rich green skin surrounding a whitish firm flesh that offers a very mellow flavor. Technically cucumbers are a fruit but are prepared, eaten and thought of as a vegetable. Cucumbers have an amazing capacity to retain water and to remain cool. The interior flesh may be up to twenty degrees cooler than the exterior rind. A proven fact that explains the old expression "cool as a cucumber".

Season: all year round

Serving suggestion: Cucumbers pair well with mint and dill. Add slices to mixed green salads or use as edible garnish. Marinate peeled slices in seasoned vinegar.

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