Fresh Vegetable

EGP-01



Ref: EGP-01

Italian name: Melanzana Tonda

Weight order: 6-7 kg

Description: A delicious rare round purple eggplant. The raw fruit can have a somewhat bitter taste, but becomes tender when cooked and develops a rich, complex flavor.

Season: from July to October is the peak season

Serving suggestion: Eggplant can be baked, braised, boiled, fried, grilled, roasted, sautéed, stewed. When young, the skin is delicious and edible; older eggplants should be peeled. The flesh discolors quickly, cut just before using. Eggplant matched well wit aioli, anchovies, bacon, balsamic vinegar, basil, bechamel sauce, brad crumbs, capers, cream, cumin, garlic, goat cheese, Gruyere, ham, lamb, lemon, mint, Mozzarella, mushrooms olive oil, olives, onions, oregano, Parmesan, parsley, peppers, pesto, pine nuts, rice, Ricotta, rosemary, shallots, thyme, tomatoes, walnuts, yogurt, zucchini.

ELLERMANN TRADING LIMITED
http://www.ellermann.hk info@ellermann.hk Tel +852 3187 7488 Fax +852 3421 2262
603 Shun Kwong Commercial Building, 8 Des Voeux Road West, Sheung Wan, Hong Kong