Fresh Vegetable

ROMAINE LETTUCE



Ref: SAL-05

Italian name: Lattuga romana

Weight order: 1 kg

Description: is a variety of lettuce which grows in a tall head of sturdy leaves with firm ribs down their centers. The thick ribs, especially on the older outer leaves, should have a milky fluid which gives the romaine the typically fine-bitter herb taste. The interior leaves are paler in color, and more delicate in flavor.

Season: all year round

Serving suggestion: It matches well with anchovies, blue cheese, chives, garlic, lemon, olive oil, Parmesan cheese, pepper. Romaine is the usual lettuce used in Caesar salad.

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