Fresh Vegetable

BATAVIAN ENDIVE



Ref: SCA-01

Italian name: Scarola

Weight order: 5-6 kg

Description: A crisp, broadleaf type of endive most often served as a salad green that is also known as escarole, broad chicory, or common chicory. This member of the chicory family has broad outer leaves with a crinkled shape. The leaves provide a slightly bitter taste, yet not as bitter as Belgian or curly endive. As the outer leaves are removed, the inner leaves display a paler green coloring with more white and a taste less bitter than the outer leaves.

Season: all year round

Serving suggestion: Popular as a salad green, eaten raw with mayonnaise or a vinaigrette dressing. When cooked, the greens are often served as a vegetable steamed or braised, and can be added to soups for flavoring in the later stages of soup making.

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