Fresh Vegetable

SWEET GREEN SMALL PEPPER (FRIGITELLI)



Ref: PEP-03

Italian name: Peperoncini Verdi dolci

Weight order: 3-4 kg

Description: The friggitelli pepper is a wonderful small green pepper common in Southern Italy. Despite appearances, it's not spicy, but full of flavour with a touch of sweetness. "Friggitelli" means "for frying".

Season: Summer

Serving suggestion: They are particularly delicious fried until soft and then sprinkled with sea salt, and when stuffed will make a great antipasti.

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