Fresh Vegetable

PENNYROYAL



Ref: ARH-02

Italian name: Mentuccia

Weight order: 100 g per bundle

Description: Pennyroyal was commonly used as a cooking herb by the Greeks and Romans. The ancient Greeks often flavoured their wine with pennyroyal. A large number of the recipes in the Roman cookbook of Aspicius call for the use of pennyroyal. Now a day it is used fresh to flavor meat, especially lamb.

Serving suggestion: Pennyroyal it's used fresh, preferably freshly picked, to add flavor to mushrooms, gravies, in particular, it is essential for the preparation of artichokes.

ELLERMANN TRADING LIMITED
http://www.ellermann.hk info@ellermann.hk Tel +852 3187 7488 Fax +852 3421 2262
603 Shun Kwong Commercial Building, 8 Des Voeux Road West, Sheung Wan, Hong Kong