

Fresh Vegetable

LEMON BALM



Ref: ARH-10

Italian name: Melissa (erba cedrina)

Weight order: By bundle

Description: As its name suggests, this leafy, green herb has a lemony flavour and fragrance. It's a member of the mint family and makes a very refreshing infusion or tea.

Serving suggestion: It works well with fish, poultry and vegetables as well as in salads, stuffings and drinks.