Fruits

WALNUT



Ref: NUT-01

Italian name: Noci extra

Weight order: 1 kg

Description: Walnuts are one of the most popular and versatile of all nuts. When picked young, they're known as wet and their milky white kernels are mainly used for pickling. Far more common is the dried nut, either shelled or unshelled. The brown-skinned kernel has a ridged surface, which looks like two halves of the brain.

Season: from December to January

Serving suggestion: Slightly bitter in flavour, walnuts are good eaten raw or cooked, in either sweet or savoury dishes, and are particularly useful for baking

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